

LASER TREATMENT INSTRUCTIONS

Laser treatment is typically performed after the pupils are dilated, sometimes using a special lens. Anesthetic eye drops are used to numb the eye to allow placement of the lens on the front of the eye and to maximize comfort. If a lens is used, it is placed on the eye with lubricating ointment. The lens is removed after laser treatment. Some of the lubricant will remain on the surface of the eye, but most of it will be washed out after the treatment.

It is not unusual for your pupils to remain dilated for 24-36 hours after your visit.

Please follow these instructions after laser treatment:

- Do not rub your eye after treatment
- If an eye patch was applied, you may remove it after 2-4 hours
- For relief of mild to moderate pain or irritation, a non-aspirin pain reliever (eg: Tylenol) or cool compresses/ice packs can be used
- Artificial tears/lubricating drops

The following symptoms are normal after successful laser treatment:

- Blurry vision
- Sticky eyelids
- Mild tearing
- Mild to moderate pain or irritation
- The same amount of floaters you had before, if applicable (laser treatment <u>does not</u> remove existing floaters)

The following symptoms are <u>not normal</u> after laser treatment, and you should call our office immediately if you experience:

- Severe, constant pain
- Severe, constant tearing
- New floaters or a significant increase in the amount of floaters you had before treatment
- Curtain
- Cloud
- Veil
- Significant decrease in vision

Please contact our office with any questions or concerns at (239)939-4323 or (800)282-8281.