

Gulfshore Life

THE MAGAZINE OF SOUTHWEST FLORIDA

The Gulfshore's Top Doctors 2009

Denise Scott

Whether you're in need of a family physician to handle the common cold or a specialist to literally save your life, you want a doctor who is the complete package of quality training and experience—plus that often elusive element: bedside manner.

To help you find the best doctors for your needs, we've partnered once again with Castle Connolly Medical in New York to develop a list of top physicians in Collier, Lee and Charlotte counties. (To learn the qualifying criteria, please see "The Process" on p. 42.) In this issue, you'll get a glimpse of three of these physicians through the eyes of their patients. The accompanying list includes the doctors who made the top 40 percent of Castle Connolly's choices for our region. For a complete list, the company's book, America's Top Doctors, is available at www.castleconnolly.com.

Allergy & Immunology

Brett Stanaland, M.D.
Naples Community Hospital Healthcare System
Physicians Regional Medical Center Allergy & Asthma
Immunology Specialists
1000 Goodlette Road N., Suite 200, Naples, FL 34102 (239) 434-6200
Special expertise: asthma, allergy, insect allergies, food allergies

Cardiovascular Disease

William Cook, M.D.
Lee Memorial Health System
Associates in Cardiac Care
5216 Clayton Court, Fort Myers, FL 33907 (239) 343-9700
Special expertise: Noninvasive cardiology

Michael Danzig, M.D.
Lee Memorial Health System
The Heart Group
9800 S. HealthPark Drive, Suite 320, Fort Myers, FL 33908
(239) 433-8800
Special expertise: Cholesterol/lipid disorders

Victor Howard, M.D.
Charlotte Regional Medical Center
Peace River Regional
Medical Center
2484 Caring Way, Suite B,
Port Charlotte, FL 33952
(941) 625-6223
Special expertise: Interventional cardiology, clinical trials

Steven West, M.D.
Southwest Florida Regional
Medical Center
HealthPark Medical Center
Cardiology Consultants SW Florida
13411 Parker Commons Blvd., Suite 101, Fort Myers, FL 33912
(239) 415-4900
Special expertise: Coronary artery disease, congestive heart failure

Cardiothoracic Surgery
Dennis Stapleton, M.D.
Lee Memorial Health System

Naples Community Hospital Healthcare System
311 Ninth St. N., Suite 301, Naples, FL 34102
(239) 649-0440
Special expertise: Cardiac surgery.

Colon & Rectal Surgery

Anthony Vernava III, M.D.
Physicians Regional Medical Center Medical Surgical Specialists
6101 Pine Ridge Road, Naples, FL 34119
(239) 348-4400
Special expertise: Colon and rectal cancer, incontinence-fecal, inflammatory bowel disease

Dermatology

Charles Camisa, M.D.
Physicians Regional Medical Center
Riverchase Dermatology
1015 Crosspointe Drive, Naples, FL 34110 (239) 596-9075
Special expertise: Psoriasis, oral dermatology, lichen planus

Craig Eichler, M.D.
Physicians Regional Medical Center
6101 Pine Ridge Road, Naples, FL 34119 (239) 348-4335
Special expertise: Skin cancer, dermatologic surgery

Brian Harris, M.D. Lee Memorial Health System
Harris Dermatology
9090 Park Royal Drive, Fort Myers, FL 33908 (239) 936-3344 Special expertise: Skin cancer, Mohs surgery

Rebecca Lambert, M.D.
Naples Community Hospital Healthcare System
2235 Venetian Court, Suite 1, Naples, FL 34109 (239) 596-9337
Special expertise: Skin cancer, Mohs surgery

Stephen Spencer, M.D.
Peace River Regional Medical Center
3161 Harbor Blvd., Suite A, Port Charlotte, FL 33952
(941) 613-2400
Special expertise: Mohs surgery

Cynthia Strohmeier, M.D.
Naples Community Hospital Healthcare System
702 Goodlette Road N., Suite 200, Naples, FL 34102-5644
(239) 261-2255
Special expertise: Cosmetic dermatology

Michael Tucker, M.D.
Naples Community Hospital Healthcare System
9125 Corsea Del Fontana Way, Suite 100, Naples, FL 34109
(239) 598-4004
Special expertise: Skin cancer, cosmetic dermatology, Botox and collagen therapy

Endocrinology, Diabetes & Metabolism

Todd Brodie, M.D.
730 Goodlette Road N., Suite 205, Naples, FL 34102
(239) 436-3666
Special expertise: Thyroid disorders, osteoporosis

John Janick, M.D.
Charlotte Regional Medical Center 4369 Tamiami Trail, Port Charlotte, FL 33980 (941) 629-3366 Special expertise:

Adrenal disorders, diabetes, thyroid disorders, hypertension

Family Medicine

John Diaz, M.D.
Naples Community Hospital Healthcare System
2450 Goodlette Road N., Suite 202, Naples, FL 34103
(239) 213-9790
Special expertise: Preventive medicine, cholesterol/lipid disorders

Mark Droffner, D.O.
Charlotte Regional Medical Center
260 Milus St., Punta Gorda, FL 33950 (941) 637-0911
Special expertise: Geriatric medicine

Daniel Kaplan, D.O.
Naples Community Hospital Healthcare System
South Florida Medical Group
7935 Airport-Pulling Road, Suite 2, Naples, FL 34109 (239) 596-3300 Special expertise: Geriatric medicine, nutrition

Gregory Krill, M.D.
Lee Memorial Health System
16271 Bass Road, Fort Myers, FL 33908 (239) 432-3322
Special expertise: Geriatric medicine, hypertension, cholesterol/lipid disorders, diabetes

Robert Poling, M.D.
Physicians Regional Medical Center
1850 San Marco Road, Suite C, Marco Island, FL 34145
(239) 394-8252
Special expertise: Sports medicine, heart disease, diabetes, preventive medicine

Meet the Doctor “Let the Patients Tell Their Stories”

Boston native nanci breeze got to know many doctors at the former Cleveland Clinic in Naples (now Physicians Regional Medical Center) while her husband was battling terminal cancer. After meeting Dr. Julie Southmayd, also from the Boston area, Breeze felt an immediate connection and chose her as her own primary care doctor.

Southmayd, who worked at Medical Surgical Specialists for the past two years, recently left to form Millennium Physician Group in Naples. “(Southmayd) is the most professional medical person I’ve encountered in Naples,” Breeze says. “She’s smart, articulate, caring. She brings to us a level of medicine we don’t always see here. I’ve referred dozens and dozens of patients to her, all of whom feel the same way.”

While caring for her dying husband, Breeze battled depression, anxiety and stress, along with chronic back pain. “There were just a lot of issues she helped me work through so well,” Breeze says. “I can’t imagine her not being there as a support system for me.”

Southmayd remembers a professor at Dartmouth Medical School who taught her to ask the right questions and let the patients tell their stories. “A lot of times, you can figure out what’s going on without doing any testing,” she says.

In treating Breeze’s degenerative back problems, Southmayd asked if she was willing to try an acupuncturist. “It has saved me,” Breeze says. “Any referrals she gives are excellent. Her colleagues respect her a lot. She’s just that kind of person. She’s about holistic medicine, de-stressing. She’s just an amazing doctor.”

Southmayd became interested in alternative medicine and different approaches to healthcare while in Massachusetts. She has studied approaches to illness and wellness that focus on basic biochemistry and nutrition. “The point is to try to get to the root cause rather than just giving someone a pill,” Southmayd says. “I try now to incorporate that basic knowledge into my practice.”

Gastroenterology

H. Scott Harris, M.D.
Cape Coral Hospital
2721 Del Prado Blvd., Suite 200, Cape Coral, FL 33904

(239) 772-3800
Special expertise: Colon cancer, colonoscopy

Neil Randall, M.D.
Naples Community Hospital Healthcare System
Gastroenterology Group of Naples
1064 Goodlette Road N., Naples, FL 34102
(239) 649-1186
Special expertise: Colon cancer screening, endoscopy, pancreatic/biliary endoscopy (ERCP), endoscopic ultrasound

James Penuel, M.D.
HealthPark Medical Center
7152 Coca Sabal Lane, Fort Myers, FL 33908
(239) 939-9939
Special expertise: Pancreatic/biliary endoscopy, inflammatory bowel disease, colon cancer screening

Hand Surgery

Ronaldo Carneiro, M.D.
Physicians Regional Medical Center
8340 Collier Blvd., Suite 303, Naples, FL 34114
(239) 348-4040
Special expertise: Carpal tunnel syndrome, wrist surgery, arthritis

Stephen Helgemo, M.D.
Charlotte Regional Medical Center
Fawcett Memorial Hospital
18344 Murdock Circle, Port Charlotte, FL 33948
(941) 625-6547
Special expertise: Minimally invasive surgery, carpal tunnel syndrome, arthritis

Infectious Disease

Douglas Brust, M.D.
Lee Memorial Health System
9981 S. HealthPark Drive,
Suite 279, Fort Myers, FL 33908
(239) 343-9710
Special expertise: AIDS/HIV, infections in transplant patients

Christine Forszpaniak, M.D.
Naples Community Hospital Healthcare System
848 First Ave. N., Suite 230, Naples, FL 34102 (239) 434-7779

Ronica Kluge, M.D.
Lee Memorial Health System
Southwest Florida Regional
Medical Center
24600 S. Tamiami Trail, Suite 400, Bonita Springs, FL 34134
(239) 948-3761
Special expertise: AIDS/HIV, viral infections

Internal Medicine

Manuel Del Sol, M.D.
Lee Memorial Health System
Internal Medicine Associates
1528 Del Prado Blvd., Cape Coral, FL 33990
(239) 458-3338

George Ferguson, M.D.
Naples Community Hospital Healthcare System
Concierge Medical Services

787 Fourth Ave. S., Naples, FL 34102
(239) 352-5600
Special expertise: Concierge medicine

Brian Lee, M.D.
Physicians Regional
Medical Center
3291 Woods Edge Parkway, Suite 200, Bonita Springs, FL 34134
(239) 947-4557
Special expertise: Heart disease, men's health, preventive medicine, cholesterol/lipid disorders

Patricia Poling, M.D.
Physicians Regional Medical Center
1850 San Marco Road, Suite C, Marco Island, FL 34145
(239) 394-8252
Special expertise: Women's health, preventive medicine, nutrition, pediatrics

Leonard Schlossberg, M.D.
Physicians Regional Medical Center
Naples Community Hospital Healthcare System
Concierge Medical Practice
2230 Venetian Court, Suite 2, Naples, FL 34109
(239) 566-3100
Special expertise: Concierge medicine, cholesterol/lipid disorders, preventive cardiology, geriatric medicine

Julie Southmayd, M.D.
Physicians Regional Medical Center
Naples Community Hospital Healthcare System
1750 S.W. Health Parkway,
Building 1, Naples, FL 34109
(239) 249-7800
Special expertise: Women's health issues, preventive medicine

Interventional Cardiology

Michael Flynn, M.D.
Naples Community Hospital Healthcare System
606 Ninth St. N., Suite 100, Naples, FL 34102
(239) 403-9569
Special expertise: Coronary artery disease, heart valve disease, cholesterol/lipid disorders

Stephen M. Schneider, M.D.
Physicians Regional Medical Center
Naples Community Hospital Healthcare System
6101 Pine Ridge Road, Naples, FL 34119 (239) 348-4580 Special expertise: Cardiac catheterization, angioplasty and stent placement

James Venable, M.D.
Naples Community Hospital Healthcare System
606 Ninth St. N., Suite 100, Naples, FL 34102
(239) 261-5270

Medical Oncology

Lowell Hart, M.D.
Southwest Florida Regional Medical Center
Lee Memorial Health System
8931 Colonial Center Drive, Suite C, Fort Myers, FL 33905 (239) 938-0800
Special expertise: Melanoma, colon cancer, breast cancer, lymphoma

William Harwin, M.D.
Lee Memorial Health System
Southwest Florida Regional Medical Center

15681 New Hampshire Court, Fort Myers, FL 33908
(239) 437-4444

Mark Markowitz, M.D.
Naples Community Hospital Healthcare System
Physicians Regional Medical Center
Lee Memorial Health System
Florida Cancer Specialists
6360 Pine Ridge Road, Suite 201, Naples, FL 34119 (239) 353-6636

Mark Rubin, M.D.
Lee Memorial Health System
Physicians Regional Medical Center
9776 Bonita Beach Road, Suite 201A, Bonita Springs, FL 34135 (239) 947-3092
Special expertise: Oncology/hemeotology

Thomas Teufel, M.D.
Cape Coral Hospital
Lee Memorial Health System
811 Del Prado Blvd., Cape Coral, FL 33990 (239) 772-3544

Nephrology

Joel Van Sickler, M.D.
Lee Memorial Health System
Gulfcoast Associates in Nephrology
7981 Gladiolus Drive, Fort Myers, FL 33908
(239) 939-0999
Special expertise: Transplant medicine-kidney

James Sterrett, M.D.
Physicians Regional Medical Center
Nephrology-Hypertension of Naples
6101 Pine Ridge Road, Desk 32, Naples, FL 34119
(239) 348-8804 Special expertise: Kidney disease-chronic, dialysis, hypertension

Carolyn Venable, M.D.
Naples Community Hospital Healthcare System
Nephrology & Hypertension Specialists
1213 Piper Blvd., Suite 101, Naples, FL 34110
(239) 254-0099

Neurological Surgery

Gary Colon, M.D.
Naples Community Hospital Healthcare System
Physicians Regional Medical Center
730 Goodlette Road N., Suite 100-B, Naples, FL 34102
(239) 262-1721
Special expertise: Spinal surgery, brain surgery

John Dusseau, M.D.
Lee Memorial Health System
2780 Cleveland Ave., Suite 819, Fort Myers, FL 33901
(239) 336-6800

Mark Gerber, M.D.
Naples Community Hospital Healthcare System
Neuroscience & Spine Associates
670 Goodlette Road N., Naples,
FL 34102 (239) 649-8833
Special expertise: Spinal surgery, brain tumors

Neurology

Michael Finkel, M.D.
Physicians Regional Medical Center
Medical Surgical Specialists
6101 Pine Ridge Road, Naples, FL 34119
(239) 348-4400
Special expertise: Movement disorders-lower limb, ADD/ADHD, headache in women, trauma neurology, neuro-pharmacology

William Holt, D.O.
Fawcett Memorial Hospital
4161 Tamiami Trail, Suite 201,
Port Charlotte, FL 33952
(941) 764-0800
Special expertise: Stroke

Michael Novak, M.D.
Naples Community Hospital Healthcare System
Physicians Regional Medical Center
1660 Medical Blvd., Suite 200, Naples, FL 34110 (239) 566-3434

Obstetrics & Gynecology

Heather Auld, M.D.
HealthPark Medical Center
Physicians Primary Care of Southwest Florida
9021 Park Royal Drive, Fort Myers, FL 33908 (239) 432-5858
Dennis Hidlebaugh, M.D.
Physicians Regional Medical Center 6101 Pine Ridge Road, Naples, FL 34119 (239) 348-4453
Special expertise: Laparoscopic surgery-advanced, reconstructive vaginal surgery, infertility, hysteroscopic surgery-advanced

Blane Crandall, M.D.
Naples Community Hospital Healthcare System
1660 Medical Blvd., Suite 101, Naples, FL 34110 (239) 596-2300
Special expertise: Laparoscopic hysterectomy, ultrasound, women's health

Richard Murray, M.D.
Lee Memorial Health System
15641 New Hampshire Court, Fort Myers, FL 33908
(239) 275-4300
Special expertise: Laparoscopy

Mary Yankaskas, M.D.
Cape Coral Hospital
Lee Memorial Health System
1265 Viscaya Parkway, Cape Coral, FL 33990 (239) 574-2229
Special expertise: Gynecology, adolescent gynecology, menopause problems

Oncology/Hematology
Daniel Morris, M.D.
Naples Community Hospital Healthcare System
400 Eighth St. N., Naples,
FL 34102-5519 (239) 649-3335
Special expertise: Prostate cancer, lung cancer, colon cancer

Ophthalmology

George Corrent, M.D.
Physicians Regional Medical Center
Naples Community Hospital Healthcare System

6101 Pine Ridge Road, Naples, FL 34119 (239) 348-4523
Special expertise: Corneal disease, cataract surgery, eye cancer, trauma

Mark Gorovoy, M.D.
Lee Memorial Health System
12381 S. Cleveland Ave., Suite 300, Fort Myers, FL 33907
(239) 939-1444
Special expertise: Corneal disease and transplant, cataract surgery, glaucoma, LASIK-refractive surgery

Mimi Groom, M.D.
Physicians Regional Medical Center
Groom Eye Center
Colonial Square, 1112 Goodlette Road N., Suite 202, Naples,
FL 34102 (239) 434-0808
Special expertise: Glaucoma, cataract surgery, refractive surgery

David Poeltl, M.D.
661 Goodlette Road N., Suite 105, Naples, FL 34102 (239) 262-6288
Special expertise: Cataract surgery-lens implant, glaucoma

Paul Raskauskas, M.D.
Lee Island Coast Surgery Center
6901 International Center Blvd., Fort Myers, FL 33912
(239) 939-4323
Special expertise: Retinal disorders, macular degeneration

Joseph Walker, M.D.
Lee Island Coast Surgery Center
6901 International Center Blvd., Fort Myers, FL 33912
(239) 939-4323
Special expertise: Retinal disorders, macular degeneration

Meet the Doctor **“She Keeps Me on Track When I Get Down”**

A fall changed Thomas Burtch's life forever. The Bonita Springs man, a diabetic, didn't properly digest his insulin after getting food poisoning. He passed out, breaking his neck and becoming a quadriplegic. However, his spinal cord wasn't completely severed, allowing for the hope of some recovery. He spent several months in the hospital to learn basic movements before continuing therapy at home.

When Burtch started outpatient rehab, he met Dr. Debra Roggow of Rehabilitation Consultants in Fort Myers, a doctor of osteopathic medicine specializing in physical medicine and rehabilitation. “She became the person who steers me through it, lines me up with medication and treatment,” he says.

Roggow has been working in Fort Myers for 16 years, mostly helping patients with brain or spinal cord injuries, strokes and multiple sclerosis, but also seeing patients after hip and knee replacements. “My focus is on neurological problems and pain,” she says. While Roggow spends a few weeks treating orthopedic patients and a few months with stroke cases, she cares long-term for people with chronic pain or paralysis, such as Burtch. She treated his muscle spasms and coordinated his outpatient care. She also helped him go through the grieving process.

“I felt sorry for myself for a while. In the initial stages, I wished I had died. Another doctor told me he didn't think I'd ever walk again,” Burtch says. “(Roggow) is one of the most positive people I've ever run into. She helps to keep me on track when I get down. Some doctors just write prescriptions, and off you go. She's more than that. She gets inside your head to try to understand how you feel about your situation.”

Burtch can now feed himself and walk 900 feet with a walker. “If you've got the right team to help you do that, you don't know what you can't accomplish,” he says. “I don't know if I'm going to make a full return, but I've really got to be grateful for the progress I've been able to make at this point—and I'm going to make some more.”

Orthopaedic Surgery

James Guerra, M.D.
Naples Community Hospital Healthcare System
Collier Sports Medicine & Orthopaedic Center
1706 Medical Blvd., Suite 201, Naples, FL 34110
(239) 593-3500
Special expertise: Sports medicine, arthroscopic surgery, shoulder injuries, trauma

Howard Kapp, M.D.

Naples Community Hospital Healthcare System
Anchor Health Centers
130 Tamiami Trail N., Suite 220, Naples, FL 34102 (239) 434-5700
Special expertise: Hip and knee reconstruction, hip and knee replacement, sports medicine

Patrick Leach, M.D.
Lee Memorial Health System
Orthopaedic Specialists SW Florida
2531 Cleveland Ave., Suite 1, Fort Myers, FL 33901 (239) 334-7000
Special expertise: Trauma, fractures-complex, pelvic and acetabular fractures, hip surgery

George Markovich, M.D.
Lee Memorial Health System
Physicians Regional Medical Center Riverwalk Orthopaedic Center
8350 Riverwalk Park Blvd., Suite 1, Fort Myers, FL 33919
(239) 482-5399
Special expertise: Reconstructive surgery-complex, hip replacement, joint replacement

Robert Zehr, M.D.
Naples Community Hospital Healthcare System
Zehr Center for Orthopaedics
2659 Professional Circle, Suite 1110, Naples, FL 34119
(239) 596-0100
Special expertise: Hip and knee replacement, arthroscopic surgery, shoulder injuries, fractures-adult

Otolaryngology

David Greene, M.D.
Physicians Regional Medical Center
Medical Surgical Specialists
6101 Pine Ridge Road, Naples, FL 34119 (239) 348-4400
Special expertise: Facial plastic/reconstructive surgery, nasal and sinus surgery, snoring/sleep apnea, hearing disorders

Hector Hernandez, M.D.
Fawcett Memorial Hospital
21297 Olean Blvd., Suite A, Port Charlotte, FL 33952
(941) 764-0660
Special expertise: Sinus disorders, balance disorders, swallowing disorders

Patrick Kane, M.D.
Naples Community Hospital Healthcare System
848 First Ave. N., Suite 330, Naples, FL 34102
(239) 263-8855
Special expertise: Facial plastic surgery, head and neck surgery

Kriston Kent, M.D.
Naples Facial Plastic Surgery
1660 Medical Blvd., Suite 100, Naples, FL 34110
(239) 514-7888
Special expertise: Facial plastic surgery, rhinoplasty, eyelid surgery, laser surgery

Robert Klausner, M.D.
Naples Community Hospital Healthcare System
3501 Health Center Blvd., Suite 2240, Bonita Springs, FL 34135
(239) 498-4968
Special expertise: Facial plastic surgery, rhinoplasty, facial rejuvenation

Jon Strohmeyer, M.D.
Naples Community Hospital Healthcare System
702 Goodlette Road N., Suite 100, Naples, FL 34102
(239) 261-5525
Special expertise: Facial plastic surgery, reconstructive surgery

Jay Roberts, M.D.
Physicians Regional Medical Center
Medical Surgical Specialists
6101 Pine Ridge Road, Naples, FL 34119
(239) 348-4400
Special expertise: Thyroid surgery

Pediatrics

Dulce Dudley, M.D.
Naples Community Hospital Healthcare System
Anchor Health Centers
8360 Sierra Meadows Blvd., Naples, FL 34113
(239) 403-6300

Benjamin D. Helgemo, M.D.
Peace River Regional Medical Center
Fawcett Memorial Hospital
2040-C Tamiami Trail, Port Charlotte, FL 33948
(941) 629-4464

Irwin Kash, M.D.
Lee Memorial Health System
Cape Coral Hospital
4751 S. Cleveland Ave., Fort Myers, FL 33907
(239) 343-9888
Special expertise: Parenting issues

Martin Sherman, M.D.
Lee Memorial Health System
Cape Coral Hospital
4751 S. Cleveland Ave., Fort Myers, FL 33907
(239) 343-9888

Physical Medicine & Rehabilitation

Debra Roggow, D.O.
Lee Memorial Health System
Rehabilitation Consultants
13685 Doctors Way, Suite 190, Fort Myers, FL 33912
(239) 768-5454
Special expertise: Botox therapy, stroke rehabilitation

Allen Tafel, M.D.
Southwest Florida Regional Medical Center
Lee Memorial Health System
2531 Cleveland Ave., Suite 1, Fort Myers, FL 33901
(239) 334-7000
Special expertise: Electrodiagnosis, spinal disorders, pain management

Plastic Surgery
Christopher Constance, M.D.
Charlotte Regional Medical Center
2525 Harbor Blvd., Suite 310, Port Charlotte, FL 33952
(941) 639-5665
Special expertise: Cosmetic surgery, reconstructive surgery

Rebecca Crane, M.D.
Naples Community Hospital Healthcare System
5200 Tamiami Trail N., Suite 201, Naples, FL 34103-2817
(239) 263-6766
Special expertise: Cosmetic surgery-face

Ralph Garramone, M.D.
Lee Memorial Health System
8660 College Parkway, Suite 100, Fort Myers, FL 33919
(239) 482-1900
Special expertise: Cosmetic surgery-face, breast cosmetic and reconstructive surgery, liposuction and body contouring, cleft lip/palate

Stanley P. Gulin, M.D.
Naples Community Hospital Healthcare System
Physicians Regional Medical Center 6610 Willow Park Drive, Suite 104, Naples, FL 34109
(239) 596-8000
Special expertise: Facial rejuvenation, breast surgery, liposuction and body contouring, surgery correction, injectibles

Michael Kim, M.D.
Lee Memorial Health System
Associates In Cosmetic Surgery
3700 Central Ave., Suite 1, Fort Myers, FL 33901
(239) 220-5259
Special expertise: Cosmetic surgery-face, liposuction and body contouring, facial rejuvenation

Manuel Pena, M.D.
Physicians Regional Medical Center
Naples Community Hospital Healthcare System
6370 Pine Ridge Road, Suite 101, Naples, FL 34119
(239) 348-7362
Special expertise: Cosmetic surgery-face and breast, liposuction and body contouring, cleft palate/lip

Andrew Turk, M.D.
Physicians Regional Medical Center
Naples Cosmetic Surgery Center
6101 Pine Ridge Road, Suite 15, Naples, FL 34119
(239) 348-4557
Special expertise: Cosmetic surgery, breast reconstruction, craniofacial surgery

Psychiatry

Frederick Schaerf, M.D.
Neuropsychiatric Associates
14271 Metropolis Ave., Suite A, Fort Myers, FL 33912
(239) 939-7777
Special expertise: Geriatric psychiatry, Alzheimer's disease, depression, forensic psychiatry

Pulmonary Disease

Stephen Hannan, M.D.
Lee Memorial Health System
9981 S. HealthPark Drive, Suite 454, Fort Myers, FL 33908 (239) 343-6800
Special expertise: Critical care

Carlos Maas, M.D.
Fawcett Memorial Hospital
Charlotte Regional Medical Center
Sleep & Pulmonary Center of Florida
3161 Harbor Blvd., Suite B, Port Charlotte, FL 33952
(941) 613-1777
Special expertise: Sleep disorders

Pulmonary Disease & Sleep Disorders

Mitchell Petusevsky, M.D.
Physicians Regional Medical Center
Naples Community Hospital Healthcare System
Center for Sleep & Pulmonary Medicine

700 Second Ave. N., Suite 305, Naples, FL 34102
(239) 263-8385
Special expertise: Asthma, chronic obstructive lung disease (COPD), sleep disorders

Radiation Oncology

Michael Katin, M.D.
Lee Memorial Health System
Physicians Regional Medical Center
21st Century Oncology
7341 Gladiolus Drive, Fort Myers, FL 33908
(239) 489-3420
Special expertise: Prostate cancer

Bruce Nakfoor, M.D.
Naples Community Hospital Healthcare System
21st Century Oncology
820 Goodlette Road N., Naples, FL 34102
(239) 434-0166
Special expertise: Prostate cancer, testicular cancer

James Rubenstein, M.D.
Lee Memorial Health System
Physicians Regional Medical Center
21st Century Oncology
8991 Brighton Lane, Bonita Springs, FL 34135
(239) 949-3130

Reproductive Endocrinology

Craig Sweet, M.D.
Lee Memorial Health System
12611 World Plaza Lane,
Building 53, Fort Myers, FL 33907
(239) 275-8118
Special expertise: Infertility, gynecologic surgery

Rheumatology

Allan Goodwin, M.D.
Physicians Regional Medical Center
Medical Surgical Specialists
6101 Pine Ridge Road, Naples, FL 34119
(239) 348-4400
Special expertise: Osteoporosis, rheumatoid arthritis, inflammatory arthritis

Leslie Tar, M.D.
Charlotte Regional Medical Center
Peace River Regional Medical Center
22226 Westchester Blvd., Port Charlotte, FL 33950
(941) 244-8612
Special expertise: Allergy, arthritis, immunology, fibromyalgia

Surgery

Jacob Goldberger, M.D.
Lee Memorial Health System
13685 Doctors Way, Suite 210, Fort Myers, FL 33912
(239) 274-7600
Special expertise: Thyroid and parathyroid surgery, breast cancer, laparoscopic surgery, gall bladder surgery

Jeffrey Lewis, M.D.
Lee Memorial Health System
Southwest Florida Regional Medical Center
16400 HealthPark Commons Drive, Fort Myers, FL 33908

(239) 278-5200

Mark Liberman, M.D.
Physicians Regional Medical Center
6101 Pine Ridge Road, Naples, FL 34119
(239)348-4123
Special expertise: Laparoscopic surgery, obesity/bariatric surgery, breast cancer

Thoracic Surgery

Michael Metke, M.D.
Lee Memorial Health System
8010 Summerlin Lakes Drive,
Suite 100, Fort Myers, FL 33907
(239) 939-1767
Special expertise: Cardiac surgery, heart valve surgery, coronary artery surgery, reconstructive surgery

Meet the Doctor

“He’s Not Just a Surgeon—He’s an Artist”

Carol and Aldo Magistrelli of Naples were impressed when a friend had plastic surgery by Dr. Stanley P. Gulin. So impressed, in fact, that Carol decided to go to Gulin for a facelift and eyelift. Her husband followed suit soon after with a facelift and brow lift.

“I really didn’t consider anyone else because of my friend’s recommendation,” Carol says. “And I had seen how she looked—very natural. I wasn’t trying to look years and years younger. I was trying to look my best for what my age was.” Aldo says his wife’s surgery spurred him on. “Before the operation, we looked like husband and wife,” he says. “After the operation, I looked like her father. I said, ‘This isn’t going to fly.’”

Gulin, who’s been in practice for 25 years, relocated to Naples from Connecticut in 2002 and shares office space with Skin Care of Naples. He specializes in facial rejuvenation, breast surgery and body contouring, including correcting other doctors’ surgeries in his on-site operating room. About 80 percent of his patients are women, ages 30 to 75.

He says those who are referred by patients make the best patients. “They know you. They trust you. They’ve seen your work,” he says.

The Magistrellis say Gulin is more than a surgeon. They describe him as an artist. “He studies your face and rebuilds it to the way he thinks it should look,” Aldo says. “You tell him what you want him to do—or not do—and he’ll listen.”

Gulin says he respects the contours of the face. “You’re sculpting it. You’re not just pulling it,” he says. “It’s a three-dimensional rejuvenation. It’s not just a matter of stretching out wrinkles, but filling out gaunt areas. The trend is to look good, healthy and refreshed—but not artificial. That’s not what people in Naples are looking for.”

Carol says people who knew her before are cautious about asking if she’s had cosmetic surgery. “I’m so pleased that I don’t hesitate to tell people, ‘Yes, I’ve had work done.’”

Urology

James Borden, M.D.
Lee Memorial Health System
507 Del Prado Blvd., Cape Coral, FL 33990
(239) 772-0500
Special expertise: Prostate cancer, bladder cancer, kidney stones, incontinence

William Figlesthler, M.D.
Naples Community Hospital Healthcare System
Physicians Regional Medical Center
Specialists in Urology
990 Tamiami Trail N., Naples, FL 34102
(239) 434-6300
Special expertise: Robotic surgery, prostate cancer, laparoscopic surgery, vasectomy reversal

Nicholas Franco, M.D.
Physicians Regional Medical Center
Naples Community Hospital Healthcare System
Specialists in Urology
990 Tamiami Trail N., Naples, FL 34102
(239) 434-6300
Special expertise: Pelvic reconstruction, genitourinary reconstruction, incontinence-male and female

Jonathan Jay, M.D.

Physicians Regional Medical Center
Naples Community Hospital Healthcare System
North Collier Hospital Specialists in Urology
28930 Trails Edge Blvd., Bonita Springs, FL 34134
(239) 495-3000

Special expertise: Voiding dysfunction, incontinence, pelvic floor reconstruction, pelvic organ prolapse repair

Kendall Wise, M.D.
Naples Community Hospital Healthcare System
Physicians Regional Medical Center
1044 Goodlette Road N., Naples, FL 34102
(239) 261-5400

Special expertise: Prostate cancer, overactive bladder, prostate disease, urinary tract infection
Vascular & Interventional Radiology

Marc Kaye, M.D.
Physicians Regional Medical Center Cleveland Clinic Florida—Weston
6101 Pine Ridge Road, Naples, FL 34119
(239) 348-4336

Special expertise: Fibroid embolization, aneurysm-abdominal aortic, osteoporosis spine-vertebroplasty

Vascular Surgery

Hiryana Rajasinghe, M.D.
Naples Community Hospital Healthcare System
Physicians Regional Medical Center
Anchor Health Centers
2450 Goodlette Road N., Suite 102, Naples, FL 34103
(239) 643-8794

Special expertise: Aneurysm-aortic, stent placement, carotid artery surgery